



GOVERNMENT POLYTECHNIC COLLEGE BUDGAM

NAGAM CHADOORA, BUDGAM – KASHMIR J&K (PIN CODE: 191113)

Empowering Women Menstrual Hygiene Awareness Drive

Nagam, December 11, 2023 – In a pioneering initiative, Government Polytechnic College Budgam partnered with Wellwish Foundation and Jammu & Kashmir Police to organize a Menstrual Hygiene Awareness and Sanitary Pads Distribution Drive on December 11, 2023. The event was coordinated by Er Momina, ensuring seamless execution and meaningful engagement throughout the session.

Wellwish Foundation, a dynamic non-profit organization dedicated to addressing key areas of social service, collaborated with the esteemed Government Polytechnic College Budgam and Jammu & Kashmir Police to drive awareness about menstrual hygiene and distribute sanitary pads among female students and faculty members. The drive witnessed active participation from all girl students and faculty members of the institute, reflecting the collective commitment to breaking taboos surrounding menstrual health.

Distinguished speakers from medical backgrounds served as key presenters, imparting crucial knowledge about menstrual hygiene and its impact on women's health. Dr Shafaquat Ara, Principal of Government Polytechnic College Budgam, expressed the importance of embracing menstrual hygiene for the empowerment of women. Dr Shafaquat stated, "Providing access to sanitary pads is not just a necessity; it is a step towards breaking barriers and promoting dignity. Let's ensure that every girl and woman can manage her menstruation with confidence and without compromise. Together, we can create a more inclusive and compassionate society. In her gracious expression of gratitude, Principal Dr. Shafaquat Ara extended heartfelt thanks to the district police administration for their collaborative and instrumental role in ensuring the safety of women. She commended the proactive steps taken by the police authorities, consistently contributing to the upliftment of standards for girls in our society. Their unwavering commitment to creating a secure and supportive environment reflects a commendable dedication to the well-being and empowerment of women, setting a positive precedent for societal progress."

The Wellwish Foundation, true to its commitment to positive social impact, distributed sanitary pads among all attendees, contributing to the practical aspects of menstrual hygiene management.

At the conclusion of the session, Dr Shafaquat Ara extended a vote of thanks to all the dignitaries and appreciated the pivotal role played by Wellwish Foundation in addressing various social issues in society. She specifically thanked the Chairman for selecting this institute as the host and choosing such a crucial topic for discussion.

This collaborative effort exemplifies the power of partnerships in creating positive change and fostering awareness on issues vital to women's health and empowerment. The ripple effect generated today is expected to lead to a wave of positive change for generations to come.








 In Collaboration with 
Presents
Menstrual Hygiene Awareness & Sanitary pad Distribution Drive


GOVT POLYTECHNIC COLLEGE
 Nagam Chadoora, Budgam (j&k)

 Date

MONDAY 11:30 AM	11	DECEMBER 2023
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